

Phase I – Acute Stabilization

Time in Phase – A minimum of one month

The initial phase of the program will be used to stabilize the Participant, as is necessary. Through treatment and case management planning, the court will establish measurable goals and objectives for the Participant based on assessment results. During the first phase, it is expected that participants will be transitioned into group-based programming as their functioning-level permits (estimated 7 to 9 hours of treatment per week).

During Phase I, participants will be required to:

- Attend all scheduled appointments with a medical professional for purposes of receiving prescription medication and monitoring the effectiveness of the medication
- Attend on a timely basis and be engaged during all recommended appointments with the Treatment Provider
- Obtain and take all prescribed medications
- Report for drug and alcohol screens as directed (minimum twice a week)
- Attend weekly court sessions
- Adhere to a 7:00 p.m. curfew, unless otherwise directed by the Court
- Maintain acceptable living arrangements and avoid the company of persons likely to adversely impact their progress
- Meet with the case manager within the first week in the program to establish goals for the phase and continue to meet with the case manager at least once a week
- Make progress on goals established in the case management and treatment plans.
- Maintain updated contact information with the Treatment Provider and court Coordinator
- Must not test positive for any prohibited substance or have any sanctions for at least 14 consecutive days before moving to the next phase

Phase II – Clinical Stabilization and Active Treatment

Time in Phase – A minimum of three months

The second phase of the program seeks to transition the participant from stabilization to participation in structured, skill-based group programming to address substance use disorder (SUD), impulse control and socialization deficits, criminal thinking, etc.. During the second phase, it is expected that participants will maintain a minimum of 7 to 9 hours of treatment per week.

During Phase II, participants will be required to:

- Attend all scheduled appointments with a medical professional for purposes of receiving prescription medication and monitoring the effectiveness of the medication
- Attend all required treatment sessions
- Make satisfactory progress with all treatment goals and objectives
- Continue to take all prescribed medications

- Continue to report for drug and alcohol screens as directed
- Continue to attend weekly court sessions
- Adhere to an 8:00 p.m. curfew, unless otherwise directed by the Court.
- If not done already, find and maintain suitable permanent housing
- If not already employed, find employment or work toward obtaining the skills necessary for employment
- If employment is not possible due to any disabilities, the Participant will make an application for any available public assistance and establish other productive means of utilizing their time
- Attend all required case manager (at least once a week) sessions
- Make satisfactory progress with all case management goals and objectives
- Attend all community-based or peer-led support groups
- Continue to pay program fees as required
- Must not test positive for any prohibited substance or have any sanctions for at least 30 consecutive days before moving to the next phase

Phase III – Active Treatment

Time in Phase – A minimum of three months

The third phase of the program continues Participants' work toward developing core skills to manage mental health and other presenting treatment and functioning needs. During the third phase, it is expected that participants will maintain a minimum of 5 to 6 hours of treatment per week.

During Phase III, participants will be required to:

- Attend all scheduled appointments with a medical professional for purposes of receiving prescription medication and monitoring the effectiveness of the medication.
- Attend all required treatment sessions
- Make satisfactory progress with all treatment goals and objectives
- Continue to take all prescribed medications.
- Report for drug and alcohol screens as directed.
- Continue to attend court sessions at least every other week as ordered by the Court.
- Adhere to a 9:00 p.m. curfew, unless otherwise directed by the Court.
- Maintain suitable housing.
- Attain employment, if clinically warranted (subject to assessment of functioning)
- Continue to pay program fees as required.
- Attend all required case manager (at least once a week) sessions
- Attend all required community-based or peer-led support groups
- Make satisfactory progress with all case management goals and objectives
- Must not test positive for any prohibited substance or have a sanction for at least 45 consecutive days before moving to the next phase

Phase IV – Active Recovery

Time in Phase – A minimum of three months

The fourth phase of the program continues Participants' work toward developing core skills to manage mental health and other presenting treatment and functioning needs. During the third phase, it is expected that participants will maintain a minimum of 3 hours of treatment per week.

During Phase IV, participants will be required to:

- Attend all scheduled appointments with a medical professional for purposes of receiving prescription medication and monitoring the effectiveness of the medication.
- Attend all required treatment sessions
- Make satisfactory progress with all treatment goals and objectives
- Continue to take all prescribed medications.
- Continue to report for drug and alcohol screens as directed.
- Attend court sessions on the First and Third Thursday or as ordered by the Court.
- Adhere to a 10:00 pm curfew, unless otherwise directed by the Court.
- Maintain employment or program-approved alternative
- Continue to pay program fees as required.
- Attend all required case manager (at least once a week) sessions
- Attend all required community-based or peer-led support groups
- Complete required community outreach activities
- Must not test positive for any prohibited substance or have any sanction for at least 60 consecutive days before transitioning to the next phase

Phase V – Recovery Maintenance

Time in Phase – A minimum of nine (9) months

The final phase is intended to provide participants with support as they transition to graduation and independence. Participants in this phase should be applying core skills and competencies to maintain mental health stability, SUD recovery, and prosocial lifestyles. During the fifth phase, it is expected that participants will maintain a minimum of 3 to 5 hours of treatment per month focused on sharpening competencies prior to graduation.

During Phase V, participants will be required to:

- Attend all scheduled appointments with a medical professional for purposes of receiving prescription medication and monitoring the effectiveness of the medication
- Attend all required treatment sessions
- Make satisfactory progress with all treatment goals and objectives
- Continue to take all prescribed medications
- Continue to report for drug and alcohol screens as directed
- Attend court sessions at least once a month as ordered by the Court
- Adhere to an 11:00 pm curfew, unless otherwise directed by the Court
- Maintain stable housing
- Maintain employment or program-approved alternative
- Continue to pay program fees as required
- Attend all required case manager (at least once a week) sessions
- Attend all required community-based or peer-led support groups
- Complete required community outreach activities
- Complete aftercare plan
- Must not test positive for any prohibited substance or have any sanction for at least 90 consecutive days before graduation from the program

Graduation

The Graduation ceremony is the culmination of the program and cause for celebration. All participants that complete the program will attend a graduation ceremony where they will be recognized for this significant accomplishment.

In order to graduate, you will be required to meet the following program requirements:

- Not have any sanctions for at least 90 days prior to graduation
- Not have any positive drug screens for at least 90 days prior to graduation
- Be current on all court fees and probation fees