

Whitfield County Senior Center Menu
May 2024 Please by 10 AM (706) 278 - 3700

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Under 50 Pay \$4.00 All Carry Out Plates \$5.00 Menu are subject to Change	Choice of Skim Milk Coffee, Tea Peach or Lemonade Drink	5/1 Breakfast Sausage Potato Rounds Sliced Tomatoes Grits Biscuit & Gravy Mixed Berries	5/2 Chicken Tetrazzin Corn on Cob Glazed Carrots Raisin Wheat Roll Fresh Fruit	5/3 Grilled Chic /Salad Romaine-Spinach Cauliflower, Broccoli Red Onion, Cucumbers Cherry Tomatoes Diced Egg, Cheese Crackers Fruit Yogurt Cup
5/6 Slaw Dogs Bowl of Chili Onion Rings Raisin Oatmeal Raisin Cookie	5/7 Meatloaf Pinto Beans Creamy Coleslaw Sliced Onions Cornbread Muffin Peach Pie, Raisin	5/8 Chicken & Dressing / Gravy Cranberry Sauce Green Beans Candied Sweet Potatoes Wheat Roll Vanilla Ice Cream Cup	5/9 Cheese Burger Lettuce/ Tomato/ Onion/ Sliced Pickles Seasoned Potato Wedges Apple Pie, Raisin	5/10 Ham & Potato Soup Cheese Toast Wheat Bread Calif. Veg. Blend Raisin or Prunes Waldorf Salad
5/13 Vegetable Soup Pimento Cheese (2) Wheat Bread Carrot & Raisin Salad Seasoned Broccoli Fruit Grain Bar	5/14 Salad Trio Chicken' Pasta, Pimento Leaf Lettuce Devil Egg, Beets Crackers Sliced Peaches	5/15 Cube Steak w/ Gravy Whipped Potatoes Sliced Cantaloupe Wheat Roll, Raisin Fruited Jello	5/16 Baked Zita w/ Four Cheese Romaine/Spinach Salad Tomato Red Onion, Cauliflower Cucumber Garlic Wheat Bread Fruit Yogurt Cup	5/17 Turkey & Cheese Croissant w/ Tomato Leaf Lettuce Potato Salad Pickle Spears Fruit Salad
5/20 Pork Chop Baked Sweet Potato Black Eye Peas Raisins Cornbread Strawberry-Applesauce	5/21 Closed For Voting	5/22 Roast Beef California Veggies Coleslaw Wheat Roll Orange Wedges	5/23 Oven Fried Chic Tenders Green Bean /red Potato Sliced Tomato Cornbread Muffin Pineapple Up Side Down Cake	5/24 Baked Ham Crowder Peas Oven Fried Okra Choice Of Cornbread Plain / Jalapeno Apple Pie
5/27 Closed For Memorial Day	5/28 Oven Fried Chicken Yam Patties Broccoli Raisin Salad Wheat Roll Mixed Berries	5/29 (Senior's Request) Grilled Pork Tenderloin Sliced Tomatoes Creamed Potatoes Gravy / Biscuit Cantaloupe	5/30 White Beans Roasted Potatoes Mac & Cheese Sliced Onions Harvard Beets Choice of Cornbread Cantaloupe	5/31 Smoked Sausage w/ Wheat Bun Chips Apple-Coleslaw Fresh Fruit